

Medications to Stop Before Surgery

This is a list of medications that have an effect on the blood clotting process. These medications must be avoided 5-14 days prior to surgery. Please contact your prescribing physician for instructions on discontinuing these medications.

Herbal supplements (including tea) and vitamins should also be discontinued 14 days prior to surgery as some of these contain natural blood thinners.

For headaches and other pains, you MAY take Tylenol, according to package directions.

Cilostazol - Pletal	Ketolorac - Toradol
Dabigatran - Pradaxa	Meloxicam
Diclofenac - Arthrotec, Voltaren	Nabumetone - Relafen
Diflunisal - Dolobid	Naproxen - Aleve, Anaprox, Naprosyn
Dipyridamole - Aggrenox	Oxyprozin - Daypro
Etodolac - Lodine	Pentoxifylline - Trental
Fish Oil	Piroxicam = Feldene
Fondaparinux - Arixtra	Soma Compound
Ibuprofen - Advil, Motrin, Midol	Sulindac- Clinoril
Indometacin - Indocin	Vitamin E
Ketoprofen - Orudis	

If you are currently taking a blood thinner (I.E. Coumadin, Xarelto, Eliquis, Plavix, aspirin) as prescribed by your primary care physician, cardiologist, or hematologist, please contact them for instructions on holding these medications prior to surgery. DO NOT STOP THESE MEDICATIONS ON YOUR OWN.