



Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

## CERVICAL COLLAR ORTHOSIS

You have been fit with a **Cervical Collar Orthosis**.

The collar is designed to support your neck and limit the motion of your cervical spine. You should wear it 24 hours a day unless otherwise instructed by your doctor.

Washing of the orthosis should be done only with your doctor's authorization. If approved, your neck must be immobilized during the procedure. Your orthosis can be cleaned with a wash cloth and mild soapy water. The pads can be removed and washed separately. Make certain all soap residue is removed before wearing. Make certain the orthosis is reapplied properly and secured snugly.

Make sure you are comfortable with how to properly put on and take off your orthosis. Never attempt to modify your orthosis yourself.

Please inspect your orthosis daily for any signs of wear including cracking, loose parts, or decreased effectiveness of the device and call our office as needed.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date